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BOURNEMOUTH | CHRISTCHURCH | POOLE

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RESTAURANTS, BARS & CAFES

[coastwiththemost.com](http://coastwiththemost.com)

# Where to Eat

## Bournemouth

Fresh seafood, local produce, traditional cream teas... no matter what you're craving, you'll find it in Bournemouth. We've got award-winning restaurants, trendy cocktail bars and fast food chains around the resort, so you can wine and dine by the sea in luxury, style and comfort.

Bournemouth's picture-perfect location on the South Coast attracts independent restaurateurs and specialist chefs as well as larger chain restaurants giving you the freedom to experiment or enjoy a trusted favourite.

Bournemouth's bustling town centre is home to spacious pubs which are great for a night out with friends as well as more intimate cocktail bars – the perfect choice for a date or overdue chit chat. You'll also find some charming watering holes in our coastal villages where you can sit outside and soak up a chilled, suburban vibe.

## Poole

Poole's restaurants, pubs and cafés make the most of abundant local produce to create taste sensations. With heart-warming favourites and sumptuous award-winning fine dining on offer one thing is sure – you will be tempted.

Take your pick of Poole's delicious hotspots, from fine dining and special occasions, to business lunches, family dining and traditional pubs. The town's unique mix of small independent, often family run restaurants with quality chains, means that Poole delivers something to suit every taste, budget and occasion.

*Please note: The information included in this list is believed to be accurate. However, changes can and do occur, so you are strongly advised to check published information prior to your visit to ensure your requirements can be met. Bournemouth, Christchurch & Poole Tourism cannot accept responsibility for any errors, omissions or changes.*





### Poole Arms

Poole Arms is a distinctive, traditional, family run pub, with a selection of real ales and fine wines, with an exclusively fish menu.

The Quay, Poole, BH15 1HJ  
01202 673450 | [poolearms.co.uk](http://poolearms.co.uk)



### The Prom Diner

Chill out in an American Diner with sea views. Delicious food & milkshakes served all day!

Undercliff Drive, Boscombe, BH5 1BN  
01202 302776 | [bournemouth.co.uk/promdiner](http://bournemouth.co.uk/promdiner)



### Prom Cafe

Just a stone's throw from the UK's best beach, there's nowhere better to keep the family fuelled for a day beside the seaside!

Pier Approach, Bournemouth, BH2 5AA  
01202 297071 | [bournemouth.co.uk/promcafe](http://bournemouth.co.uk/promcafe)



### Branksome Beach Restaurant

Branksome Beach is a restaurant well known for serving freshly prepared food with spectacular sea views all day, every day.

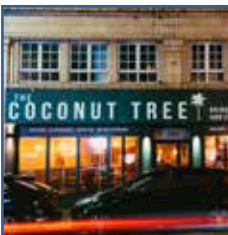
Pinecliff Road, Branksome Chine, Poole, BH13 6LP  
01202 767235 | [branksomebeach.co.uk](http://branksomebeach.co.uk)



### Sandbanks Beach Café

Bright modern café with an outdoor terrace serving delicious homemade food situated on the award-winning Sandbanks beach.

Banks Road, Poole, BH13 7QQ  
01202 708621 | [sandbanksbeachcafe.co.uk](http://sandbanksbeachcafe.co.uk)



### The Coconut Tree

Bringing Sri Lankan street and cocotails food to Bournemouth.

185-187 Old Christchurch Road, Bournemouth, BH1 1JU  
01202 292343 | [thecoconut-tree.com/bournemouth](http://thecoconut-tree.com/bournemouth)



### Chez Fred - Fish & Chips

Run by three generations of the Capel family since opening in 1989, Chez Fred has always offered a warm welcome and the simple pleasures of great fish and chips.

10 Seamoor, Westbourne, BH4 9AN  
01202 761023 | [chezfred.co.uk](http://chezfred.co.uk)



### Custom House Café

An attractive, friendly and relaxed café, bar and bistro, offering choices for all tastes and times of day.

The Quay, Poole Harbour, Poole, BH15 1HJ  
01202 073295 | [customhousecafe.co.uk](http://customhousecafe.co.uk)



### Harlees Fish & Chips

Feast on a bird's-eye view of Poole harbour over the finest of delicious fish and chip suppers.

The Quay, Poole Harbour, Poole, BH15 1HJ  
01202 280703 | [harlees.co.uk](http://harlees.co.uk)



### Key West Restaurant

Key West is open 7 days a week all year round serving a great tasting varied menu with something to suit everyone's taste.

Bournemouth Pier, Bournemouth, BH2 5AA  
01202 237902 | [keywestbournemouth.co.uk](http://keywestbournemouth.co.uk)



### Rockfish Seafood Restaurant

You can enjoy freshly caught sole, bream, mackerel, monkfish and pollack amongst other fish species on our local fish menu, which are cooked freshly to order for you and served with salad or unlimited chips.

9 The Quay, Poole, BH15 1HJ  
01202 836255 | [therockfish.co.uk/restaurants/poole](http://therockfish.co.uk/restaurants/poole)



### SimSim

Experience the wonders of great middle-eastern food at SimSim in Bournemouth.

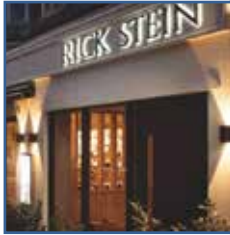
74A Charminster Rd, Bournemouth, BH8 8UR  
01202 389309 | [simsimfood.co.uk](http://simsimfood.co.uk)



### Oriel Sandbanks

The Oriel Sandbanks is a friendly family run cafe restaurant located in the heart of the Sandbanks peninsula.

8 Banks Road, Poole, Dorset, BH13 7QB  
01202 062360 | [orielrestaurant.co.uk](http://orielrestaurant.co.uk)



### Rick Stein Sandbanks

In the heart of Sandbanks, opposite the beach, you'll find Rick Stein's restaurant – which specialises in fresh seafood, simply cooked.

10-14 Banks Road, Sandbanks, Poole, BH13 7QB  
01202 283000 | [rickstein.com/rick-stein-sandbanks](http://rickstein.com/rick-stein-sandbanks)



### The Real Greek

The Real Greek Bournemouth is an ideal location for relaxing with friends and family in this beautiful sea-side town, with Souvlaki Wraps and Mezes to share.

Bh2 Leisure Complex, Exeter Crescent, Bournemouth, BH2 5DD  
01202 022208 | [therealgreek.com/bournemouth](http://therealgreek.com/bournemouth)



### Urban Reef Restaurant

Urban Reef is an informal bar, café, deli and restaurant located next to the beach on Boscombe Promenade.

Undercliff Drive, Boscombe, BH5 1BN  
01202 443960 | [urbanreef.com](http://urbanreef.com)



### Urban Garden Restaurant

With a unique garden, bar and restaurant surrounded by plants and foliage. Expect a laid-back, welcoming vibe, with many spaces indoors and out.

Exeter Crescent, Bournemouth, BH2 5AY  
01202 286787 | [urbangarden.co.uk](http://urbangarden.co.uk)



### The Blue Boar & Merchants Cellar

Newly refurbished family-friendly pub in Poole, also offering charcuterie in their 18th century wine cellar.

29 Market Close, Poole, BH15 1NE  
01202 677785 | [themerchantscellar.com](http://themerchantscellar.com)



### Guildhall Tavern

Family run, independent French restaurant situated in the heart of Poole, just a 2 minute walk from the quay in the old town.

15 Market Street, Poole, BH15 1NB  
01202 671717 | [guildhalltavern.co.uk](http://guildhalltavern.co.uk)



### NEO Restaurant

Located directly opposite Bournemouth seafront and big wheel NEO offers views like no other venue in the city.

Exeter Road, Bournemouth, BH2 5AH  
01202 203610 | [neorestaurant.co.uk](http://neorestaurant.co.uk)



### The Stable

Located on the corner of the beautiful Lower Gardens, The Stable is the perfect place for post-beach hangouts, weekend celebrations and catch ups with friends.

5-7 Westover Road, Bournemouth, BH1 2BU  
01202 311684 | [bournemouth.stablepizza.com](http://bournemouth.stablepizza.com)



### The Ducking Stool

Come and enjoy a selection of quality teas and coffee or indulge with one of our famous Shakes or Hot Chocolates with over 40 different flavours to choose from

Ducking Stool Ln, Christchurch, BH23 1DS  
01202 929091 | [facebook.com/theduckingstool](http://facebook.com/theduckingstool)



# Visit our Tourist Information

Visit our Tourist Information Centres for a warm friendly welcome. Open 7 days a week, we are here to help you make the most of your stay.

Providing information on things to see and do, details of festivals and events, eating out, shopping, transport, accommodation, beautiful locally sourced gifts and much more.

## Bournemouth Tourist Information Centre

Conveniently located at Pier Approach, on the seafront, we pride ourselves on having the knowledge and expertise to make your visit truly unforgettable. Visiting Bournemouth for the day, a weekend, a mid week break – our friendly and helpful staff will help you make the most of your time. We supply maps, travel information and leaflets. Our team will help you plan where to shop, eat and relax as well as provide information on events and attractions.

**Pier Approach, Bournemouth, BH2 5AA**  
**01202 123800 | [bournemouth.co.uk](http://bournemouth.co.uk)**

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## Poole Tourist Information Centre

Located just off Poole Quay in Poole Museum on the High Street. Call or visit our dedicated team on hand to help you make the most of your visit. From events and attractions to walks and tours or bookings for condor ferries to the Channel Islands and France, expert advice is on hand.

**Poole Museum, 4 High Street, Poole, BH15 1BW**  
**01202 128888 | [pooletourism.com](http://pooletourism.com)**

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