

HOL BBR FAQ's

- When is it?
Sunday 7th April 2019
- Where does it take place?
All races start from around Pier Approach area, different race routes sent out to all participants in the race packs. Route maps are available by email on request
- What races are there?
Half Marathon
10K
5K
1K
- What time does my race start?
Half Marathon: 10am
10K: 9.15am
5K: 12.15pm
1K: 9.25am
- Where are the race routes?
All races start from around Pier Approach area, different race routes sent out to all participants in the race packs. Route maps are available by email on request
- How do I register?
You can register online at Bournemouth.co.uk/bayrun
- How much does it cost to enter?
Half Marathon: £24 (£22 UKA affiliated runner)
10K: £18 (£16 UKA Affiliated runner)
5K: £7 (£8 on the day)
1K: £5 (£6 on the day)
- Can children run?
As recommended by UKA is a minimum age on each race, bar the 1K which any age can run
Half Marathon: 17 years
10K: 15 years
5K: 11 years
- Can I wear fancy dress?
yes, we have an optional 'Fantastic Fairytale' theme this year so please come dressed up if you wish, please ensure it is still safe and practical to run in the fancy dress though.
- Can I race for charity?
Yes, we've partnered with the British Heart Foundation, to help beat heartbreak forever. Join the BHF team to raise funds for life saving research. You'll also get top training advice,

support on the day and a BHF running top. Find out more at www.bhf.org.uk/bayrun or contact BHF at hearrunners@bhf.org.uk or 0300 222 5719

- Can I register on the day?
you can only register for the 5K and 1K on the day, the Half Marathon and 10K race entries close on 29th March
- I've registered to participate but want to change my race distance?
My race pack hasn't arrived?
Your race pack will be with you a week before the event, if for some reason it you do not receive it you can pick it up on the day from the Race office situated in the Lower Gardens in front of the bandstand
- Where can people watch on the day?
There is viewing space along the whole route.
- Where can I park?
there are local car parks around Bournemouth, please go to <https://www.bournemouth.gov.uk/Parking/FindaCarPark/CarParks/CarParks.aspx>
- What time do I need to arrive?
please arrive a minimum of 30 minutes before your race, if you need to either sign up or collect a race pack please arrive an hour before to ensure you make your race start
- Can I run with my dog?
No unfortunately due to health and safety issues we cannot allow you to run with a pet.
- Can I run with a buggy or pushchair?
No unfortunately due to health and safety issues we cannot allow you to run with a buggy.
- Can I run with my pet?
No unfortunately due to health and safety issues we cannot allow you to run with a pet.
- I want to change my race distance
Please contact bay.run@bournemouth.gov.uk with your request