

Day 1 - Seafront dining

Grab a hearty breakfast at trendy [urban Reef](#) restaurant, while gazing out at stunning sea views. While in the area, take a stroll along the seafront and a walk along Boscombe's award-winning Pier. Walk to Bournemouth Pier Approach and visit [Aruba](#) Restaurant & Bar for a mediterranean atmosphere and a light bite for lunch. For evening elegance, you must try the South Coast's most celebrated seafood restaurant - [WestBeach](#) just to the East of Bournemouth Pier. From sumptuous sea bass and salmon to classic mussels and shellfish, the seafood at WestBeach is simply unbeatable.

Day 2 - Flavours of Bournemouth

Can't get enough of those sea views? [Hot Rocks](#), at Bournemouth Pier Approach serves up Aloha Coffee with a selection of pastries to set you up for the day. Stroll through the Lower Gardens to the Town Centre and spend the morning shopping. Stop for a traditional Mexican lunch at [Coriander](#) and share a plate of tasty nachos or opt for a lighter Siesta Menu in order to save some room for your evening meal. Head to Westbourne for an afternoon of boutique shopping and laidback evening strolls. Stop at [Romanzo Greek Taverna](#) for a traditional Greek Meze.

Day 3 - Go on... stay another day

Visit the popular Triangle area of Bournemouth and grab an Italian breakfast at [café Batastini](#). From Italian coffee and hot chocolate to smoothies and homemade cakes, it's the perfect indulgent breakfast. A foodie break would not be complete without a traditional cream tea. Pop into the art deco inspired [Print Room](#) for an afternoon of scrumptious English treats.

Burn off those extra calories

Want to sample Bournemouth's variety of cuisines, but don't want to worry about piling on the pounds? Spend your days trying out a new [water sport](#) or hire a bike and see the beautiful surrounding sights. Stroll through Bournemouth's [award-winning gardens](#) - start at the Lower Gardens and walk through the Central and Upper Gardens too. Or get fit with a unique [dance class](#) a fun afternoon activity!

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